

Fries Fries Fries

Food Ingredients

Updated: February 2026

Beef Gravy

Enriched Bleached Flour (wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Food Starch-modified, Salt, Palm Oil, Caramel Color, Sugar, Maltodextrin, Onion, Corn Syrup Solids, Contains Less Than 2% Of: Natural Flavors, Garlic, Sodium Caseinate, Yeast Extract, Mono And Diglycerides, Lactic Acid, Succinic Acid, Soy Sauce (soybeans, Wheat, Salt), Hydrolyzed Corn, Soy And Wheat Protein, Hydrolyzed Corn Protein, Hydrolyzed Wheat Protein, Whey Protein Concentrate, Glutamic Acid, Disodium Inosinate, Disodium Guanylate.

Cheese Sauce (Contains Milk)

Water, Cheese Whey, Palm Oil, Modified Food Starch, Maltodextrin. Contains 2% Or Less Of The Following: Sodium Phosphates, Salt, Cheddar Cheese (pasteurized Milk, Cultures, Salt, Enzymes), Lactic Acid, Vinegar, Sodium Stearoyl Lactylate, Skim Milk, Citric Acid, Sodium Acid Pyrophosphate, Mono- And Diglycerides, Sodium Citrate, Sodium Hexametaphosphate, Butterfat, Phosphoric Acid, Autolyzed Yeast Extract, Natural Flavors, Cream, Annatto Extract (color), Paprika Extract (color). Beta Apocarotenal (color).

Cheese Curds (Gluten Free)

Pasteurized Milk, Cheese Culture, Salt, Microbial Enzymes, Natamycin (natural Mold Inhibitor).

Free From: Crustaceans, Eggs, Fish, Peanuts, Sesame seeds, Soy, Tree Nuts, Wheat

Mozzarella Cheese (Contains Milk)

Low Moisture Mozzarella Cheese (pasteurized Milk, Cheese Cultures, Salt, Enzymes), Low Moisture Part Skim Mozzarella Cheese (pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Unsmoked Provolone Cheese (pasteurized Milk, Cheese Cultures, Salt, Enzymes), Parmesan Cheese (pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Romano Cheese Made With Cow's Milk (pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Powdered Cellulose (to Prevent Caking), Natamycin (a Natural Mold Inhibitor). contains: Milk.

Ranch Dressing (Contains Eggs & Milk)

Cultured Lowfat Buttermilk, Soybean Oil, Water, Egg Yolks, Distilled Vinegar, Sugar, Contains Less Than 2% Of Salt, Monosodium Glutamate, Phosphoric Acid, Garlic*, Onion*, Sodium Benzoate And Potassium Sorbate (as Preservatives), Xanthan Gum, Parsley*, Spices, Lactic Acid, Citric Acid, Autolyzed Yeast Extract, Calcium Disodium Edta Added To Protect Flavor. *dehydrated Contains: Milk, Egg.

Ketchup

Tomato Concentrate, High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Salt, Less Than 2% Of: Spice, Onion Powder, Natural Flavors.

Braised Beef

Contains Up To 20% Of A Flavoring Solution++ Coated With Onions And Pepper. ++solution Ingredients: Water, Salt, Sodium Phosphates, Sugar, Flavoring.

BBQ Pulled Pork

Pork, Sauce (ketchup [tomato Concentrate, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavor], Water, Brown Sugar, Worcestershire Sauce Concentrate [distilled Vinegar, Molasses, Corn Syrup, Water, Salt, Caramel Color, Garlic Powder, Sugar, Spices, Tamarind, Natural Flavor], Mustard [distilled Vinegar, Water, Mustard Seed, Salt, Turmeric, Paprika, Spice, Garlic Powder], Salt, Natural Smoke Flavor, Spices).

All-Beef 6 Inch Hotdog

Beef, Water, Seasoning Blend (sorbitol, Flavours, Paprika), Salt, Sodium Lactate, Hydrolyzed Corn Protein, Sodium Phosphates, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite, Smoke.

Bacon

(cured With: Water, Salt, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite. May Also Contain Sugar, Brown Sugar, Smoke Flavoring).

Hotdog Buns (May Contain Eggs, Milk and Soy)

Unbleached Unbromated Flour (wheat Flour, Malted Barley Flour, Niacin, reduced Iron, Thiamine Mononitrate, Riboflavin, And Folic Acid), Water, Contains 2% Or Less: yeast, Sugar, Salt, Palm Oil, Datem, Calcium Stearoyl Lactylate, Calcium Sulfate, Soybeanoil, Ascorbic Acid, Potassium Iodate, L-cysteine Hydrochloride, Enzymes, Calcium Propionate(preservative), Wheat Starch, Vinegar, .

Ciabatta Rolls - used for our pulled pork and braised beef sandwiches

Unbleached Enriched Flour (wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Wheat Gluten, Fully Refined Soybean Oil, Granulated Sugar, Salt, Calcium Propionate (to Retain Freshness), Dough Improver (malted Wheat Flour, Enzymes And 2% Or Less Of Ascorbic Acid), Enriched Wheat Flour (wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin , Folic Acid), Contains Less Than 2% Of Enzymes. May contain: Sesame Seeds.

Honey Mustard (Contains Eggs)

Soybean Oil, Prepared Mustard (water, Distilled Vinegar, Mustard Seed, Salt, Mustard Bran, Turmeric, Natural Flavor, Paprika), High Fructose Corn Syrup, Water, Distilled Vinegar, Honey, Egg Yolks, Contains Less Than 2% Of Salt, Mustard Seed, Paprika, Xanthan Gum, Oleoresin Turmeric (color), Natural & Artificial Flavor, Sodium Benzoate (a Preservative), Calcium Disodium Edta Added To Protect Flavor. Contains: Egg.

BBQ Sauce

Water, Tomato Paste, High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Salt, Mustard Bran, Contains Less Than 2% Of Food Starch-modified, Onion*, Natural Flavors (includes Celery), Garlic*, Molasses, Sodium Benzoate (a Preservative), Sugar, Caramel Color, Spices, Tamarind Concentrate, Celery Seed,. *dehydrated

Beef Chili (Gluten FREE)

Water, Tomato, Smoked Beef Brisket (beef, Water, Salt, Vinegar, Natural Flavorings, Beef Stock, Sugar, Spices), Beef, Beans, Onion, Spices, Chili Peppers, Beef Stock, Apple Cider Vinegar, Brown Sugar, And Natural Flavorings.

Other ingredients are available upon request for other products not listed.

Fries Fries Fries takes allergies seriously - please advise the associate at the store if you have a food allergy. Our staff are trained to accommodate customers with allergies.

For more information or general inquiries, you may call (315) 239-3827 or by sending an email to info@friesfriesfries.com .